

## **ALIGNED TO RISE: Why Do We Ignore What Matters?**

**Text (ESV):** Proverbs 4:25–27

### **Big Idea**

Focus protects alignment.

### **Key Truth**

What you focus on shapes your direction.

### **Main Points**

#### **1. Fix**

Direction begins with focus.

Where you look determines where you go.

#### **2. Guard**

Not everything deserves your attention.

Protect your focus intentionally.

#### **3. Stay**

Consistency prevents drift.

Alignment is maintained, not assumed.

### **Reflection**

What is distracting me from what matters most?

### **This Week**

#### **Declaration**

My focus is fixed and guarded.

#### **Seed**

Help someone remove a distraction.

#### **Step**

Eliminate one distraction this week.

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