



Foundations of Faith: Build on the Rock (Matthew 7:24–27)

Scripture (ESV)

- **Matthew 7:24–27** — “Everyone then who hears these words of mine and does them will be like a wise man who built his house on the rock...”
- **James 1:22** — “Be doers of the word, and not hearers only, deceiving yourselves.”
- **Psalms 18:2** — “The LORD is my rock and my fortress and my deliverer...”
- **1 Corinthians 3:11** — “For no one can lay a foundation other than that which is laid, which is Jesus Christ.”

Big Idea

A life that stands through any storm is built by **hearing Jesus** and **doing what He says**. Christ is the unshakable foundation; obedience is the construction.

Message Movements (3)

1) Two Builders, One Storm (Matt. 7:24–27)

- Same rain, floods, and winds—different outcomes.
- Jesus’ distinction is not *knowledge* but *obedience*.
- Foundation decisions are **daily**, not one-time.
Reflect: Where am I resting on sand—convenience, feelings, cultural approval?

2) Christ the Rock, Not My Performance (Ps. 18:2; 1 Cor. 3:11)

- The Rock is a **Person**, not a method.
- We don’t earn stability; we receive it by trusting and aligning with Jesus.
- Grace doesn’t reduce effort—it **redirects** it.
Confess: “Jesus, You are my foundation. I renounce self-reliance and place my weight on You.”

3) From Hearing to Building (Jas. 1:22)

- Hearing = information; doing = **formation**.
- Simple, repeatable practice: **Word** → **Pray** → **Act** → **Review**.

- Obedience in inches becomes a house that stands for decades.

Decide: What one command from Jesus will I practice **today**?

Practice Map — Build on the Rock (Daily Rhythm)

1. **WORD (5–10 min):** Read Matt 7:24–27. Underline one phrase. Write: “I will practice this by _____ today.”
2. **PRAY (3–5 min):** “Father, establish me on Christ the Rock. Give me grace to do what You say.”
3. **ACT (10–20 min):** Take one step (reconcile, tell the truth, serve, give, cancel a hidden compromise, schedule time with God).
4. **REVIEW (2–3 min, evening):** What storm pressed me today? Did I stand on the Rock or sand? What’s tomorrow’s first step?

This Week’s Actions

- **Declaration:** “Christ is my foundation; I will hear and do His Word.”
- **Seed (small act):** Choose one teaching of Jesus (forgiveness, truth-telling, generosity). Practice it **once before noon**.
- **Step (measurable):** Identify a “sand” habit (e.g., doom-scrolling, avoidance). Replace it for **7 days** with a “rock” habit (Scripture + one action).

Lower-Thirds (on-screen cues)

- **Title:** Foundations of Faith — Build on the Rock
- **Key Text:** Matthew 7:24–27 (ESV)
- **Support:** James 1:22; Psalm 18:2; 1 Corinthians 3:11
- **Big Idea:** Hear Jesus + Do what He says = House that stands
- **Practice Map:** Word • Pray • Act • Review
- **This Week:** Declaration • Seed • Step

Circle Guide (20–40 min)

1. Where are you most “storm-tested” right now (work, finances, family)?
2. What part of Jesus’ teaching do you **know** but struggle to **practice**? What is a 24-hour step?

3. Share a past storm where the Rock held you. Pray briefly for one another.

Prayer Prompts

- “Lord Jesus, be my Rock and Cornerstone. Establish my thoughts, desires, and habits on You.”
- “Holy Spirit, convert what I’ve heard into what I do—today.”
- “Father, build our families and church on Christ so we stand and serve through every storm.”